

# information

## **countryside code**

- be safe - plan ahead and follow any signs
- leave gates and property as you find them
- protect plants and animals and take your litter home
- keep dogs under close control
- consider other people

## **Stour and Orwell Walk**

A waymarked 42 mile walk from Cattawade to Felixstowe.  
Guide pack on sale at local  
Tourist Information Centres or from publishers  
Suffolk Coast and Heaths Unit (01394 384948)  
[www.suffolkcoastandheaths.org](http://www.suffolkcoastandheaths.org)

## **feedback**

If you would like to comment about this walk,  
please go to the East Suffolk Lines website at  
[EastSuffolkLine.com](http://EastSuffolkLine.com) and use  
the 'contact us' facility.



**national** express

# WALKS

from Felixstowe & Trimley Stations





**The stations at Trimley and Felixstowe are ideal starting points for walks leading to some of Suffolk's finest estuarine and coastal scenery. A good network of paths, tracks and quiet lanes can be followed through unspoilt countryside with extensive views across wide expanses of the bird-rich tidal reaches of the Orwell and Deben, much of it officially designated an Area of Outstanding Natural Beauty. Felixstowe's extensive seafront and beaches can also be enjoyed, where walkers will find a wide choice of refreshments before a relaxing train journey home. Three recommended routes have been selected featuring the most characteristic landscapes that this unique corner of Suffolk has to offer. They are marked yellow, blue and red on the map.**

**Useful information:** Felixstowe Tourist Information Centre 01394 276770  
 email: [ftic@suffolkcoastal.gov.uk](mailto:ftic@suffolkcoastal.gov.uk)  
 National Rail Enquiries: 08457 48 49 50  
[www.nationalrail.co.uk](http://www.nationalrail.co.uk)  
[www.eastsuffolkline.com](http://www.eastsuffolkline.com)  
[www.eastsuffolklinewalks.co.uk](http://www.eastsuffolklinewalks.co.uk)

### Route finding

You need a basic understanding of maps and ability to follow them. The map shows significant features of the landscape that walkers will meet. Where the way is obvious, less detail is given, but at places where more care may be needed numbered key points give additional help, but these do not form a continuous step-by-step description of the whole route. It is strongly recommended that the OS Explorer map 197 Ipswich, Felixstowe and Harwich is also used.

### Planning your walk

**Time:** Allow approximately 30 minutes per mile of walking, adding on time for refreshment breaks.

**Map:** OS Explorer sheet 197 Ipswich, Felixstowe and Harwich

**Refreshment:** most of the routes are in remote countryside, so be sure to carry enough refreshments for the whole of your walk, especially drink. Pubs, shops and cafes in Trimley villages, Felixstowe Ferry and Felixstowe seafront and town centre.

### Getting started from Trimley station

yellow and red routes

- 1 Leaving Trimley station go L over level crossing along Cordy's Lane.
- 2 Either L along Blofield Track to head towards the Deben and Felixstowe Ferry (yellow routes) or continue for about 50yds to turn R into Keeper's Track to head towards the Orwell (Red route).

### Deben and Coast Walks

Yellow Routes 6 - 10 miles

- 3 Immediately beyond gate go L through kissing gate and follow narrow path between hedge and grassy embankment. Path turns R, passes below railway line, continuing through scrubby area, soon bearing L to pass below another railway line and into meadow.
- 4 Field path goes L off road opposite garage.
- 5 Alternatives are:
  - i) shorter route to Felixstowe beaches and rail station turn R along bridleway to join Gulpher Road; to Felixstowe station via seafront and Bent Hill about 6 miles.
  - ii) Alternatively, continue ahead on path bordering garden hedge for the Deben walks. (Key points 7-10).

- 6 Just after bend in road beyond Gulpher Farm look L for start of field path up rising ground.
- 7 Paths diverge. Branch half R across meadow towards gate and stile.
- 8 Cross over track and keep direction over grassy area down to belt of trees.
- 9 Immediately through trees follow field path ahead over rising ground. (Ignore more obvious farm track to L).
- 10 Alternative routes to the Deben, Felixstowe Ferry and seafront:
  - i) Turn right along road following 'Stour and Orwell Walk Inland Route' signs, passing Deben Lodge Farm and track beyond. Trimley - Felixstowe station via Bent Hill about 8 miles.
  - ii) Continue ahead along Falkenham road for about mile, turning right along road signed to Goseford Hall. Follow sinuous but self-evident path to Falkenham Marshes; to Felixstowe station via Bent Hill about 9 miles.
  - iii) As ii, but via Falkenham church and creek; to Felixstowe station via Bent Hill about 10 miles.

Walk distances can be reduced by nearly a mile by following the more direct route to Felixstowe station along High Road East or by about 2 miles by using occasional buses from Felixstowe Ferry to the station at Great Eastern Square. (0871 200 22 33 [www.traveline.info](http://www.traveline.info))

